

Dr. Mansoureh Mobaraki BPT, MPT (Physiotherapy), MD (Chinese Medicine)

Senior Consultant Physiotherapist,

Dr. Mansoureh Mobaraki is a distinguished physiotherapist with over 10 years of experience in the field. She completed her Bachelor of Physiotherapy (BPT) and Master of Physiotherapy (MPT) degrees from Rajiv Gandhi University of Health Sciences (RGUHS), Bangalore. She has dedicated her career to advancing the practice and science of physiotherapy, making significant contributions to both clinical practice and research.

Career and Contributions:

Dr. Mansoureh Mobaraki specializes in Musculoskeletal Disorders, focusing on the treatment and rehabilitation of Orthopedic and Neurologic conditions. She has deep understanding of treatment protocols that have improved patient outcomes and set new standards in the field. Her expertise includes Shoulder Rehabilitation, Manual Therapy, Dry Needling, Myofascial Release Techniques, which have been widely recognized and adopted in clinical practice.

Leadership and Management:

Dr. Mansoureh Mobaraki has held several key leadership positions throughout her career. As the Rehab Manager at Plexus Neuro Center, she was responsible for overseeing the rehabilitation of patients with a variety of neurological conditions and post stem cell rehabilitation through comprehensive approach. Her role involved managing a multidisciplinary team and ensuring the delivery of high-quality, patient-centered care. She dealt with complex cases, including stroke rehabilitation, spinal cord injuries, MND, ALS, and neurodegenerative diseases, developing comprehensive treatment plans tailored to each patient's needs.

Later, as the Director of Anahit Medical Center, she played a pivotal role in expanding the center's physiotherapy services. She introduced advanced therapeutic techniques and state-of-the-art equipment, enhancing the center's ability to treat a wide range of conditions. Her leadership ensured that the center maintained the highest standards of care and fostered a collaborative environment for continuous learning and improvement.

Awards and Recognitions:

- Dr. Mansoureh Mobaraki has been honored with an award and distinction for her contributions to the field of physiotherapy by Foundation for Quality (India) and Dr Shyama Narang Foundation.
- Best employee of the year - 2016, from Plexus Neuro Center in recognition of contributions to the field of physiotherapy.