

G.SRINITHYA
SUPERINTENDENT OCCUPATIONAL THERAPIST
DEPARTMENT OF NEUROLOGICAL REHABILITATION
NATIONAL INSTITUTE OF MENTAL HEALTH & NEUROSCIENCES
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Highly experienced and dedicated occupational therapist specializing in neurorehabilitation. With two decades of experience at the prestigious National Institute of Mental Health and Neuro Sciences (NIMHANS), made significant contributions to the field of occupational therapy, particularly in the management and rehabilitation of neurological conditions.

Educational Credentials

Qualification : Masters in Occupational Therapy (Paediatrics)

Work Experience : **20 years of** Work experience as an Occupational Therapist in NIMHANS till date .

Key Responsibilities

- **Superintendent Occupational Therapist:** Leading and supervising a team of occupational therapists at NIMHANS.
- **Neurorehabilitation Expert:** Providing specialized therapy for patients with neurological disorders, including stroke, traumatic brain injury, spinal cord injuries, and other neurodegenerative diseases.
- **Patient Assessment and Treatment:** Conducting comprehensive assessments and developing individualized treatment plans to improve patients' functional abilities and quality of life.

Current designation: **Superintendent Occupational Therapist and Head Of Occupational Therapy unit.**

Advisory Member :

Presently Panel and Medical Board Member for Patients with specific learning Disability for Karnataka State Government .

Paper presentations

Resource person in various conferences and workshops
Invited speaker for webinars in Occupational Therapy colleges

Research Paper on

- “effectiveness of vision therapy as an adjunct to occupational therapy in improving visual motor skills in learning disabled children”- 2018 published in Tamilnadu journal of Occupational therapy .
- “Hand on Occupation versus Demonstration on Geriatric population”2002
- Social Skill training using dance as a therapy in Schizophrenic patients 2002
- “ Assessment of Employability among unemployed young Adults Survivors of stroke”
- Monomelic Amyotrophy/Hirayama disease : Surgical Outcome in a large cohort of Indian Patients”

PERSONAL ACHIEVEMENTS:

- Awarded as Best volunteer Occupational therapist in NIMHANS – 2003
- Successfully rehabilitated numerous patients with severe neurological impairments, enabling them to regain independence and improve their quality of life.
- Developed and implemented innovative rehabilitation programs (Robotics & Virtual Reality) and therapy protocols.
- Recognized for excellence in patient care and contributions to the field of Occupational therapy at NIMHANS.
- The Best paper presentation award- In IFNRCON 2019-7TH ANNUAL CONFERENCE MUMBAI.
- Established Multisensory unit for paediatric population in Department of Neurological Rehabilitation.

G.Srinithya

Superintendent Occupational Therapist