

Antonia Pushparaj | Advisor and Specialist-Nursing Excellence and Capacity Building, Healthcare Quality, SIMSRC, Adolescent Wellbeing, and Life Coach



A Social Healthpreneur specialising in adolescent well being and juvenile reformation and also an advisor and consultant specialising in healthcare, nursing and adolescent well being, Antonia Pushparaj is the founder of Jyothirgamayee Foundation (Regd.NGO) and the founder of Prabuddhaa Academy. Her educational qualifications lists an MSc(N) in Child Health, an MBA(Hosp.Mt), an MBA(TQM), PGDMLE(NLSIU), FISQua, an MA(Lit), an MSc(Family Therapy and Counselling/Adolescent Well-being), an MSc(Organization

Psychology), being an ICF-CCE certified Life Coach and NLP Practitioner, PGD(Human Rights), PGD(Criminology and Forensic Science), PGD(Entrepreneurship), Diploma in Intellectual Humility and Diploma in Positive Psychology. She has over 27 years of experience in strategic leadership at various renowned Healthcare institutions with Domain expertise of Nursing Administration, Healthcare Quality systems, Learning and Development.

She has also been a NABH Principal Assessor for hospitals, eye hospitals, nursing services, emergency services and small health care organisations for the past 12 years with the assessment experience of more than 200 hospitals across India.

A Master trainer for WHO, SUKSEMA, NABH and with over a decade of experience, she is a multi hyphenate who has experience as a Radio and DD presenter, freelance writer, podcaster and a speaker on numerous fora of societal significance of reformations.

Being a passionate trainer for over 20 years in healthcare, she has more than 1000 training programs to credit in hospitals, schools and corporates across India. Notably, she is the first nurse to be graduated in Fellowship program (ISQua)-International Society for Quality) from India; and also, a recipient of prestigious Florence Nightingale State award. A master Trainer for WHO-GFATM (HIV/AIDS) and Sukshema projects of Government of Karnataka, she continues to share expertise at various International, National Conferences and workshops as speaker and Coach-Mentor related to Nursing, Well-being and Child Rights and Safety. Being a specialist in policy development and implementation of quality standards in developing countries, she has rendered advisory services in the Expert Panel of Assessors (NABH) to Government of Andhra Pradesh; and NITI AYOOG project-Audits to support Ayushman Bharat Project to aide in National Ranking for District Hospitals in India. She is a fellow of the International Society for Quality Health Care (FISQua), National Accreditation Board for Hospitals and Healthcare Professionals (NABHQuality Council of India),

Trained Nurses Association of India (TNAI) , Fire Safety Association of India (FSAI) , National Neonatology Forum (NNF), Catholic Nurses' Guild of India (CNGI) and Association of Paediatric Nurses, India (APNI)

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